



SWEET HEAT BEAN DIP

INGREDIENTS

- 2 cloves garlic, finely minced
- 2 Tbsp Sweet Heat
- 2 15-oz cans white beans (such as cannelloni), drained and rinsed
- 2 Tbsp extra virgin olive oil
- Salt to taste

DIRECTIONS

- 1 Combine garlic, Sweet Heat and beans in food processor.
- 2 Process until beans are purred.
- 3 With machine running, slowly add oil, until mixture is smooth.
- 4 Season with salt.

YIELD *approximately 2 cups*