



ROASTED BEETS

Other root vegetables can be substituted and any of the other infused maple syrups can be used.

INGREDIENTS

- 1 large bunch beets (about 8-10 beets), washed and peeled
- 1 Tbsp extra virgin olive oil
- Salt and pepper to taste
- ¼ c Sweet Autumn

DIRECTIONS

- 1 Preheat oven to 375° F.
- 2 Cut beets into large pieces.
- 3 Toss with olive oil and salt and pepper.
- 4 Place in shallow baking pan.
- 5 Roast until crisp-tender (approximately 25-30 minutes).
- 6 Remove from oven and pour Sweet Autumn over beets.
- 7 Toss and return to oven for approximately 10 minutes.

YIELD *4 servings*