



BANANA YOGURT DRINK

INGREDIENTS

- 1 c plain yogurt
- ½ c water
- 1 c ice cubes
- 2 Tbsp Sweet Autumn
- 1 small banana, sliced

DIRECTIONS

- 1 In blender, combine all ingredients.
- 2 Process until desired consistency.
- 3 Serve chilled.

YIELD *1 glass*